

PLANNER PSYCHOLOGY- XI (2024-25)

| Month/Days | Working Days | Content | Teaching Pedagogy /Home Work /Assignment | Interdisciplinary Aspect/ Practical/Project |
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| July (25 Days) 1st July to 15th July | 12 | Unit-1 What is Psychology? 1. Introduction 2. What is Psychology? □ Psychology as a Discipline □ Psychology as a Natural Science □ Psychology as a Social Science 3. Understanding Mind and Behaviour 4. Popular Notions about the Discipline of Psychology | Constructive Method | Sociology, Cultural and Ethnography |
| 16th July to 31st July | 13 | 5. Evolution of Psychology 6. Development of Psychology in India 7. Branches of Psychology 8. Psychology and Other Disciplines 9. Psychology in Everyday Life | Assignment on Intelligence, Read Intelligence testing of Binet Model from Other Sources | |
| August (23 Days) 1st Aug to 15 Aug | 11 | Unit- II Methods of Enquiry in Psychology Introduction 2. Goals of Psychological Enquiry □ Steps in Conducting Scientific Research, □ Alternative Paradigms of Research 3. Nature of Psychological Data 4. Some Important Methods in Psychology □ Observational Method □ Experimental Method □ Correlational Research □ Survey Research □ Psychological Testing □ Case Study | Exposures of Psychological Tests of Intelligence, Constructive Method | Developmental Assessment, Intelligence Testing, |
| 16th Aug to 31st Aug | 12 | 5. Analysis of Data □ Quantitative Method □ Qualitative Method 6. Limitations of Psychological Enquiry 7. Ethical Issues | Integrative Method | Social Studies Subjects, Chemistry, Biology |

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| September (23 Days) 1st Sep to 15 Sep (11) | 11 | Unit - IV Human Development -Human Development The topics in this unit are: 1. Introduction 2. Meaning of Development □ Life-Span Perspective on Development 3. Factors Influencing Development 4. Context of Development | | Sociology, Cultural and Ethnography |
| 16 Sep to 30 Sep(10) | 12 | 5. Overview of Developmental Stages □ Prenatal Stage □ Infancy □ Childhood □ Challenges of Adolescence □ Adulthood and Old Age | Practical Administration, Inquiry Based Learning | Career Orientation, Self Awareness |
| October (20 Days) 1st Oct- 15 Oct | 8 | Unit V Sensory, Attentional and Perceptual Processes Introduction 2. Knowing the world 3. Nature and varieties of Stimulus 4. Sense Modalities □ Functional limitation of sense organs 5. Attentional Processes □ Selective Attention □ Sustained Attention | Integrative Method | Physics Principals |
| 16 Oct to 31 Oct | 12 | 6. Perceptual Processes □ Processing Approaches in Perception 7. The Perceiver 8. Principles of Perceptual Organisation 9. Perception of Space, Depth and Distance □ Monocular Cues and Binocular Cues 10.Perceptual Constancies 11.Illusions 12.Socio-Cultural Influences on Perception | Practical, Constructive Method | Perception and Belief , Social Science |
| November (23 Days) 1st Nov to 15 Nov | 10 | Unit - VI Learning 1. Introduction 2. Nature of Learning 3. Paradigms of Learning 4. Classical Conditioning □ Determinants of Classical Conditioning 5. Operant/Instrumental Conditioning □ Determinants of Operant Conditioning □ Key Learning Processes | Discussion and Exploration | Discussion of Life Style of Students, Learning Habits and Styles |

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| 16th Nov to 30 Nov | 13 | Observational Learning 7. Cognitive Learning 8. Verbal Learning 9. Skill Learning 10. Factors Facilitating Learning 11. Learning Disabilities | Psychological Testing, Practical of Intelligence, Demonstration and Constructive | Skill Development |
| December (24 Days) 1st Dec to 15 Dec | 11 | Unit- VII Human Memory -1. Introduction 2. Nature of memory 3. Information Processing Approach : The Stage Model 4. Memory Systems : Sensory, Short-term and Longterm Memories 5. Levels of Processing | Demonstration and Constructive | Real Life Examples |
| 16th Dec to 31st Dec | 13 | 6. Types of Long-term Memory <input type="checkbox"/> Declarative and Procedural; Episodic and Semantic 7. Nature and Causes of Forgetting <input type="checkbox"/> Forgetting due to Trace Decay, Interference and Retrieval Failure 8. Enhancing Memory <input type="checkbox"/> Mnemonics using Images and Organisation Unit-IX Motivation and Emotion -1. Introduction 2. Nature of Motivation 3. Types of Motives <input type="checkbox"/> Biological Motives <input type="checkbox"/> Psychosocial Motives 4. Maslow's Hierarchy of Needs | Integrative Approach | Culture, Biology, Neurology |
| January (14 Days) 1st Jan to 15 Jan | NIL | Project Activities | | |

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| 16th Jan to 31 Jan | 13 | 5. Nature of Emotions 6. Expression of Emotions <input type="checkbox"/> Culture and Emotional Expression <input type="checkbox"/> Culture and Emotional Labelling 7. Managing Negative Emotions 8. Enhancing Positive Emotions Unit- VIII Thinking - 1. Introduction 2. Nature of Thinking <input type="checkbox"/> Building Blocks of Thought 3. The Processes of Thinking 4. Problem Solving 5. Reasoning 6. Decision-making 7. Nature and Process of Creative Thinking <input type="checkbox"/> Nature of Creative Thinking <input type="checkbox"/> Process of Creative Thinking 8. Thought and Language 9. Development of Language and Language Use | Integrative Approach | Culture, Biology, Neurology |
| February (12 Days) 1st Feb to 15 Feb | 12 | Revision and Final Examination | | |
| Practical Part | | Practical (Projects, experiments, small studies, etc.) 30 marks The students shall be required to undertake one project and conduct two experiments . The project would involve the use of different methods of enquiry like observation, survey, interview, questionnaire, small studies related to the topics covered in the course (e.g. Human 60 Periods development, Learning, Memory, Motivation, Perception, Attention and Thinking). Experiments could focus on cause-and-effect relationship. | Demonstration and Constructive | |

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| | | <input type="checkbox"/> Practical (Experiments) file 05 Marks <input type="checkbox"/> Project File 05 Marks <input type="checkbox"/> Viva Voce (Project and experiments) 05 Marks <input type="checkbox"/> One experiment (05 marks for conduct of experiment and 10 marks for reporting) 15 Marks Total 30 Marks | | |
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